

## Yoga/Mindfulness/Health

### **Ryananda Meditation and Mindfulness Living**

885 Jet Avenue  
North Bay, Ontario  
705 472-9090

### **Cor Maximus**

1501 Seymour St. Unit E  
North Bay, Ontario  
705 476-8888

### **Grounded Studios**

945 Stockdale Rd  
North Bay, Ontario  
705 472-4444

### **Ohana Yoga and Wellness Centre/Training Academy**

1436 Main St. North  
Callander, Ontario  
705 752-0294

### **Vinyasa Yoga Studio**

352 Algonquin Ave.  
705 840-0292